

Eating Disorder Treatment

for Military Service Members, Veterans and their Families



We are proud to be TRICARE®-certified offering compassionate care to military service members, dependents and retirees with specific eating disorder needs.

Our clinical approach is grounded in Exposure with Response Prevention, Cognitive Behavioral Therapy, Dialectical Behavior Therapy, and Compassion Focused Therapy.

Patients can receive:

- Psychiatric and medical monitoring
- 24-hour nursing care in the inpatient and residential programs
- Individual, group and family therapy and multi-family groups
- Nutrition therapy and supported meals
- Menu and meal planning services
- Case management services
- Mindfulness training
- Experiential therapies such as yoga and art

We offer:

- Inpatient Hospitalization
- Acute Residential
- Virtual Partial Hospitalization
- Virtual Intensive Outpatient



REASONS

Eating Disorder Center

reasonsedc.com
844-573-2766

Our commitment to you

Our commitment to meeting these needs is demonstrated through the needs of military members:

- A strong relationship with Command, characterized by honest, regular communication
- An understanding of the critical nature of fitness-for-duty for the active duty military service member
- Familiarity with military culture
- Dedication to listening to the unique patient experience
- Working with the unique needs of military family members
- An intense focus on anxiety management and emotion tolerance
- Integration of trauma-informed care and interventions. Our staff are trained to sensitively recognize and contain flashbacks, nightmares and other symptoms of trauma



We are here to proudly support members of our military.

For more information visit reasonsedc.com or call **844-573-2766**.



REASONS

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